



Phase I/pharmacokinetic study of CCI-779 in patients with recurrent malignant glioma on enzyme-inducing antiepileptic drugs

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Summary

Objectives: CCI-779 is an ester of the immunosuppressive agent sirolimus (rapamycin) that causes cell-cycle arrest at G1 via inhibition of key signaling pathways resulting in inhibition of RNA translation. Antitumor activity has been demonstrated using cell lines and animal models of malignant glioma. Patients receiving enzyme-inducing anti-epileptic drugs (EIAEDs) can have altered metabolism of drugs like CCI-779 that are metabolized through the hepatic cytochrome P450 enzyme system. The objectives of this study were to determine the pharmacokinetic profile and the maximum tolerated dose of CCI-779 in patients with recurrent malignant glioma taking EIAEDs. **Study design:** The starting dose of CCI-779 was 250 mg intravenously (IV) administered weekly on a continuous basis. Standard dose escalation was performed until the maximum tolerated dose was established. Toxicity was assessed using the National Cancer Institute common toxicity criteria. **Results:** Two of 6 patients treated at the second dose level of 330 mg sustained a dose-limiting toxicity: grade III stomatitis, grade 3 hypercholesterolemia, or grade 4 hypertriglyceridemia. The maximum tolerated dose was reached at 250 mg IV. Pharmacokinetic profiles were similar to those previously described, but the area under the whole blood concentration-time curve of rapamycin was 1.6 fold lower for patients on EIAEDs. **Conclusions:** The recommended phase II dose of CCI 779 for patients on enzyme-inducing antiepileptic drugs is 250 mg IV weekly. A phase II study is ongoing to determine the efficacy of this agent.

Introduction

Treatment options are limited for patients with malignant glioma recurring despite radiation and adjuvant chemotherapy with either a nitrosourea or temozolomide [1]. Recent advances in the understanding of molecular and cytogenetic pathways involved in gliomagenesis, tumor growth, and invasion have led to the rational targeting of aberrant molecular pathways. A significant proportion of glioblastoma mul-

tiforme (GBM) have altered PTEN gene-suppression activity [2], which results in the increased activity of the phosphatidylinositol 3-kinase (PI3K)/Akt pathway. This in turn activates the mammalian target of rapamycin (mTOR), thereby increasing translation of a number of key proteins required for cell-cycle progression. The presence of PTEN gene alterations and the subsequent activation of the PI3K/Akt/mTOR pathway have been associated with poor prognosis in anaplastic astrocytoma (AA), anaplastic oligodendroglioma, and

GBM [3–5]. Restoration of PTEN function or targeting of the components of the PI3K/Akt/mTOR pathways can result in cell-cycle arrest, apoptosis, or reduced tumorigenicity and are rational targets for clinical evaluation.

One agent that targets the mTOR pathway is CCI-779, a dihydroxymethyl propionic acid ester of the immunosuppressive agent sirolimus (rapamycin, Rapamune®). Rapamycin, a macrolide originally isolated from *Streptomyces hygroscopicus*, is a potent immunosuppressant, and like other natural immunosuppressants such as cyclosporin A and FK-506 interacts with signal-transduction systems that operate in both normal *T* cells and tumor cells. These agents bind to a ubiquitous family of proteins known as immunophilins, inhibiting their enzymatic activity. Rapamycin binds to one of these proteins to form a complex that interacts with mTOR, which results in cell-cycle arrest via inhibition of RNA translation [6–8].

During development and evaluation of rapamycin and its analogs, physicochemical and pharmaceutical factors were considered in the selection of an optimum derivative. The National Cancer Institute, in collaboration with Wyeth Ayerst, examined several derivatives of rapamycin and selected CCI-779 for further development based on *in vitro* and *in vivo* data. CCI-779 is lipid soluble and inhibits the growth of a number of human tumor lines in nude mouse models including glioblastoma. In addition, 2 preclinical studies reported the inhibition of growth of PTEN-mutant tumor cells by CCI-779, both *in vitro* and in the PTEN \pm mouse model [9–11]. Clinical studies in patients with other solid tumors demonstrated that CCI-779 was well tolerated, with the major adverse events being myelosuppression, cutaneous toxicity, nausea/vomiting, diarrhea, and hypertriglyceridemia [6, 12]. The dose of 250 mg once weekly as a flat dosing schedule was selected for further study based on therapeutically achieved drug levels. Based on the preclinical and clinical data outlined above there was an interest in evaluating this novel agent in patients with malignant glioma.

There is increasing evidence that brain-tumor patients receiving P450 enzyme-inducing anti-epileptic drugs (EIAEDs) have markedly altered pharmacokinetics, resulting in accelerated drug metabolism. CCI-779 and rapamycin are substrates for the cytochrome P450 isoenzyme 3A4. It is likely that the patients taking EIAEDs would have increased drug metabolism and would tolerate a higher dose than patients who are not taking these agents.

Patients on EIAEDs were enrolled in the phase I component of this study with dose escalations in initial cohorts of 3 with standard criteria for escalation. The primary objectives of this phase I study were to establish the maximum tolerated dose of CCI-779 in patients with malignant glioma who are taking EIAEDs and to define the safety profile of CCI-779 administered weekly. Pharmacokinetic (PK) analyses were performed to evaluate the CCI-779 and rapamycin concentrations and clearance characteristics and to compare the parameters of exposure to those of patients not on EIAEDs (enrolled in phase II of this trial). The phase II component for the EIAED group will be initiated based on the maximum tolerated dose (MTD) established in this phase I study. We report on the results of the phase I trial in patients on EIAEDs and on the pharmacokinetic components of the study.

Methods

Patient eligibility

Patients at least 18 years of age participated if they had histopathologically confirmed recurrent malignant glioma as shown on neuro-imaging. Participating patients had relapsed after prior radiation therapy with an interval of at least 4 weeks from treatment with radiotherapy, and had not received treatment for more than 3 prior relapses. Patients had a Karnofsky Performance Status of at least 60 with an estimated survival of greater than 8 weeks. Their hematologic, renal, and hepatic status was within the normal range, levels of cholesterol were less than 350 mg/dl, and levels of triglyceride were less than 400 mg/dl, respectively. No exclusions were made based on gender, race, minority status, or economic status. Female patients were not pregnant or nursing, and all patients (both men and women) agreed to practice birth control during and for 3 months after the study was completed. Patients or their surrogates signed a Committee on Human Research institutionally approved consent form. Patients did not have any serious intercurrent illness or disease that obscured or altered drug metabolism.

Study design

Patients were treated with CCI-779 as a 30-minute IV infusion weekly with no rest period required. For the purpose of evaluation, a cycle was defined as every 4 weeks. During the 8th week of treatment patients

Table 1. Enzyme-inducing and non-enzyme-inducing anti-epileptic drugs

EIAEDs	
Carbamazepine	(Tegretol, Tegretol XR, Carbatrol)
Oxcarbazepine	(Trileptal)
Phenytoin	(Dilantin, Phenytek)
Fosphenytoin	(Cerebyx)
Phenobarbital	
Primidone	(Mysoline)
Non-EIAEDs	
Valproic acid	(Depakote, Depakene)
Gabapentin	(Neurontin)
Lamotrigine	(Lamictil)
Topiramate	(Topamax)
Tiagabine	(Gabatril)
Zonisamide	(Zonegran)
Levetiracetam	(Keppra)
Clonazepam	(Klonopin)
Clonozam	(Frisium)

underwent clinical and radiographic tumor re-staging. Determination of tumor status was made using standard criteria [13]. Therapy with CCI-779 was continued as long as the tumor was stable or smaller in size and the patient was clinically stable or improved. Treatment continued indefinitely as long as there were no unacceptable toxicities, patient refusal to continue participation, or tumor progression. Patients receiving EIAEDs were treated at an initial dose level of 250 mg IV weekly, and dose levels of 330, 440, 585, and 780 mg were defined for escalation. Table 1 outlines the drugs categorized as EIAEDs and non-EIAEDs.

Definition of the maximum tolerated dose

The maximum tolerated dose was based on the tolerability observed during the first 4 weeks of treatment. Standard phase I dose escalations were planned among groups of 3 patients, with an additional 3 patients added at the first indication of dose-limiting toxicity. The maximum tolerated dose of CCI-779 was that dose at which fewer than one-third of patients experienced a dose limiting toxicity, i.e., the dose at which 0/3 or 1/6 patients experienced a dose-limiting toxicity with the next higher dose having at least 2/3 or 2/6 patients who experienced a dose-limiting toxicity.

Toxicity assessment

Toxicities were graded according to the NCI Common Toxicity Criteria scale (CTC Version 2.0). If multiple toxicities were seen, the presence of a dose-limiting

toxicity was based on the most severe toxicity experienced. A dose-limiting toxicity was defined as any of the following events occurring during the first 4-week course of treatment of CCI-779 and attributable to the study drug: any grade 4 hematologic toxicity; any non-hematologic grade 3 toxicity; or failure to recover from toxicities to be eligible for re-treatment with CCI-779 within 2 weeks of the last dose of CCI-779 treatment.

Pharmacokinetic evaluation

Sample collection. Whole blood (7 ml) was collected in EDTA-containing tubes at each of the following times: baseline (prior to infusion); end of infusion; and 0.5, 1, 1.5, 2, 3, 5, 8, and 24 hours post-administration. Baseline samples were also obtained on course 1 day 8 and course 2 day 1. The whole blood was transferred into 2 polypropylene tubes (1 for CCI-779 determination and 1 for rapamycin) and stored at -70°C until analyzed. Whole blood was selected as the biological matrix for analysis due to CCI-779's and rapamycin's preferential distribution into red blood cells and more limited storage stability in plasma.

Analytical methods

For the analysis of CCI-779 and rapamycin, 2 separate high performance liquid chromatography (HPLC) with electrospray ionization mass spectrometry (LC/ESI-MS) assays were developed and validated. CCI-779 and the deuterated (d7) CCI-779 internal standard (IS) as well as rapamycin and its IS (desmethoxyrapa) were obtained from Wyeth-Ayerst Research (Monmouth Junction, NJ) through Dr. Janet Dancey (Div. Cancer Treatment Diagnosis Ctr., NCI).

CCI-779 and rapamycin were isolated from whole blood by liquid-liquid extraction. Briefly, 850 μl of whole blood was spiked with 100 μl (50 ng) of the appropriate IS followed by the addition of 7 ml of 1-chlorobutane. After circular rotation for 1 hour, the samples were centrifuged (10°C at 3000 RPM \times 15 min) and placed in a -80°C freezer for 30 minutes. The organic layer was separated and evaporated to dryness under a gentle stream of nitrogen in a 35°C water bath and reconstituted with 100 μl of mobile phase consisting of 0.05 mM sodium acetate and 0.002% (V/V) acetic acid in methanol pumped at a flow rate of 0.2 ml/min. Following re-centrifugation for 15 min, 20 μl of sample was injected using a Hewlett Packard series II 1090 HPLC (Hewlett Packard, Palo Alto, CA). Separation of CCI-779 was accomplished

by using a Waters C18 Symmetry™ column (3.5 μm , 21 \times 50 mm) preceded by a Waters Sentry™ C18 guard column (3.5 μm , 2.1 \times 10 mm) (Waters Corporation, Milford, MA). A Phenomenex C6 column (3 μm , 150 \times 200 mm) preceded by a Phenomenex Security™ C5 guard column (3 μm , 2 \times 4 mm) (Phenomenex, Torrance, CA) was used for the separation of rapamycin. After separation, the sample was directly flushed into the API electrospray interface (Finnigan LCQ™ spectrometer (MS), San Jose, CA). The MS settings were: sheath gas (N₂) flow rate–66 arb; capillary voltage–23 V; auxiliary gas (He) flow rate–27 arb; capillary temperature–230°C; spray voltage–5.5 kV; and tubes lens offset–10 V.

In the MS/MS mode, the collision energy was 42%. For peak identification, full-scan mass spectra were acquired in the positive ion mode. The MS/MS scan range for CCI-779 was 950–1100, and 600–1100 for rapamycin. Selected ion monitoring (SIM) was used for the determination of the sodium adducts [M + Na] and the compound's respective fragment ion: CCI-779 (m/z 1052.3 \rightarrow 1020.4), d7-CCI-779 (m/z 1057.3 \rightarrow 1027.4), and rapamycin (m/z 936.5 \rightarrow 904.3), desmethoxy rapamycin (m/z 906.4 \rightarrow 874.4). Data acquisition and integration of the chromatograms were performed using Xcaliber™ software (Version 1.0, Finnigan, San Jose, CA). The chromatographic data were analyzed by linear least square regression with a weighting factor of $1/\times 2$ generating an eight-point calibration curve of area ratios for CCI-779 and rapamycin. Unknown concentrations were determined by reverse prediction against the standard curve. The calibration curves for both CCI-779 and rapamycin were linear ($R^2 > 0.99$) over the range from 6.58 to 526.5 ng/ml. End-of-infusion samples for CCI-779 were diluted 1:100 into the linear range of the calibration curve. Each sample was analyzed in duplicate. Samples were repeated if the variation between samples was greater than 16%. The interday precision (CV) for CCI-779 was 1.7, 4.38, and 10.5%, respectively for the low, medium, and high quality control (QC) samples. The interday accuracy (bias) was within ± 4.7 . The interday precision for rapamycin was 12.21, 6.1, and 6.73%, respectively for the low, medium, and high QC samples. The interday accuracy was within $\pm 5.9\%$.

Pharmacokinetic analyses

CCI-779 and rapamycin whole blood concentrations were analyzed by non-compartmental methods. The

time intervals relative to the start of the CCI-779 infusion and the actual sample times were used for the determination of time to peak (t_{max}) and the area under the whole blood concentration-time curves (AUC). Peak concentrations (CP_{max}) were determined by inspection of each individual's whole blood concentration-versus-time curve. Elimination rate constants were estimated by linear regression of the last 2 data points on the terminal log linear portion of the concentration-time curve. Terminal half-lives ($t_{1/2}$) were calculated by dividing 0.693 by the elimination rate constants. The AUC was calculated using the linear trapezoidal rule up to the last measurable data point (for AUC₀₋₂₄), then extrapolated to infinity (AUC). The systemic clearance (CL) for CCI-779 was determined by dividing the dose by the AUC. A metabolic ratio estimated as the ratio of the AUC_{rap} to the AUC_{CCI} was used as a measure of the relative extent of conversion of CCI-779 to rapamycin.

Results

Clinical results

Twelve patients (6 males/6 females) were enrolled. Median age was 52 years (range 39–63 years) and the median Karnofsky Performance Scale was 90. Patient characteristics are shown in Table 2. Two dose levels were evaluated. At the 250 mg level, 2 patients were on single-agent dilantin, 1 on tegretol, 1 on Phenobarbital, and 2 on combination agents (1 on Phenobarbital, Keppra, and dilantin and 1 on Trileptal and Neurontin). At the 330 mg dose level, all patients were on monotherapy–3 on dilantin, 2 on tegretol, and 1 on carbamazepine. There was 1/6 dose-limiting toxicity at the first dose level of 250 mg consisting of grade III hypertriglyceridemia. Two of 6 patients treated at the second dose level of 330 mg sustained a dose-limiting toxicity: 1 patient developed grade III stomatitis and another grade 3 hypercholesterolemia as well as grade 4 hypertriglyceridemia that required a delay of more than 2 weeks before retreatment (Table 3). The maximum tolerated dose was therefore established at 250 mg IV weekly for patients on enzyme-inducing antiepileptic agents. There is limited information on the toxicity profiles on the 12 patients in this study beyond the first course. There were no grade IV toxicities seen and the grade III toxicities are shown in Table 4 with information provided based on the course number. The phase II study will provide more information on cumulative and long-term toxicity.

Table 2. Patient characteristics ($n = 12$)

Characteristic	No.	(%)
Age, years		
Median	52	
Range	39–63	
Sex		
Male	6	50
Female	6	50
Karnofsky Performance Scale		
70	3	25
80	2	17
90	7	58
Histology		
Anaplastic astrocytoma	3	25
Glioblastoma multiforme	9	75
Therapy for prior relapses		
1	6	50
2	6	50

Table 3. Toxicity observed in the phase I study ($n = 12$), using the National Cancer Institute Common Toxicity Grading System

Dose level	n	Dose limiting toxicity
250 mg	6	1 grade III hypertriglyceridemia
330 mg	6	1 grade III stomatitis 1 grade III hypercholesterolemia, grade IV hypertriglyceridemia, and delay of > 2 weeks before retreatment

Table 4. Grade III toxicities seen beyond course 1 for the 2 cohorts

250 mg dose level cohort		
Course no.	n	Grade III toxicity
2	1	Edema Rash
9	1	Fatigue
330 mg dose level cohort		
Course no.	n	Grade III toxicity
2	1	Headache* Hypophosphatemia*

*These toxicities were experienced after a dose reduction from 330 to 250 mg for the second course.

In this small cohort of 12 patients, no partial or complete responses were observed. There were 4/6 patients in the 250 mg dose level with stabilization of their disease, with median progression-free survival of 10 weeks. The efficacy of this agent is being evaluated in the ongoing phase II study in patients with recurrent malignant glioma on and off enzyme-inducing antiepileptic agents.

Pharmacokinetic results

A typical whole blood concentration-versus-time curve at the 250 mg dose level for CCI-779 and rapamycin is displayed in Figure 1. CCI-779 was rapidly converted to rapamycin. The pharmacokinetic results for CCI-779 and rapamycin are shown in Table 5. Comparison of the pharmacokinetic parameters at the 250 mg dose level between 2 groups (non-EIAEDs vs. EIAEDs; patients not on EIAEDs were being treated on a concurrent phase II study) showed no difference except for the AUCs for rapamycin. The rapamycin AUC was 1.6-fold lower for patients receiving EIAEDs. A proportionate increase in blood concentrations or AUCs was not observed in the EIAED group for either CCI-779 or rapamycin when escalating the dose from 250–330 mg. In fact it was lower for CCI-779 at the higher dose level versus the lower dose. Although a pharmacogenetic explanation may account for this variability, it is probably best explained by a random finding in a small number of patients with only 1 increment for comparison. Baseline levels for CCI-779 on course 1 day 8 or course 2 day 1 were nondetectable. In contrast, baseline levels for rapamycin were observed in the majority of patients. The concomitant medications that patients received that may also be metabolized by the CYP3A4 system were reviewed. Seven out of 12 patients were on concomitant steroids (3 in the 250 dose-level group and 4 in the 330 dose-level group, respectively). Two patients in the 250 cohort were on diflucan and 1 was on metaclopramide.

Pharmacokinetic profiles for patients in the phase II component of the study continue to be assessed.

Discussion

The insight into the relevance of the P13K/Akt/mTOR pathway in the proliferation of tumors has generated several rational targeted therapies. Wortmannin and LY294002 are inhibitors of PI3K, while rapamycin, RAD001, and CCI-779 inhibit the activity of mTOR [14–16]. CCI-779, an ester of rapamycin, was selected for further evaluation based on its more favorable pharmaceutical profile over other clinical leads evaluated. Based on preclinical data of CCI-779 and its potential anti-glioma activity, the efficacy of this agent is being evaluated in a concurrent phase II study in patients with recurrent malignant glioma who are not on concomitant antiepileptics that may induce the CYP450 hepatic

Table 5. Pharmacokinetic Parameters of CCI-779 and Rapamycin

Means (\pm SD)	CCI-779							Rapamycin					
	Dose (mg)	C_{\max}^a ($\mu\text{g/ml}$)	$t_{1/2}^\dagger$ (h) ^b	AUC ^c ($\mu\text{g} \times \text{h/ml}$)	CL ^d (L/h)	CL (L/h/m ²)	V _{dss} ^e (L)	C_{\max} (ng/ml)	$t_{1/2}^\dagger$ (h)	AUC ($\mu\text{g} \times \text{h/ml}$)	AUC ratio Rap:CCI	Trough 24 h Post (ng/ml)	Baseline 168 h ng/ml
Group A* (n = 4)	250	6.2 (5.7)	9.0 (3.8)	6.1 (2.9)	47 (18)	24 (8.9)	308.68 (175)	310 (120)	50 (23)	15.1 (3.7)	2.8 (1.3)	137 (24)	15 (6.9)
Group B** (n = 3)	250	5.2 (4.9)	8.5 (2.7)	5.7 (2.7)	50 (20)	25 (7.0)	671.10 (307)	182 (45)	35 (13)	9.3 (2.2)	1.9 (0.9)	111 (18)	7 (n = 1)
Group B (n = 3)	330	2.2 (0.9)	10.0 (3.4)	3.3 (0.4)	103 (13)	48 (2.6)	781.61 (401)	278 (105)	24 (5.5)	9.1 (1.8)	2.8 (0.6)	132 (33)	13 (n = 1)

*non-EIAEDs^f; **EIAEDs; [†]Harmonic mean.

^a C_{\max} : maximum concentration; ^b $t_{1/2}$: half life; ^cAUC: area under the curve; ^dCL: clearance; ^eV_{dss}: volume of distribution; ^fEIAEDs: enzyme inducing anti-epileptic agents.

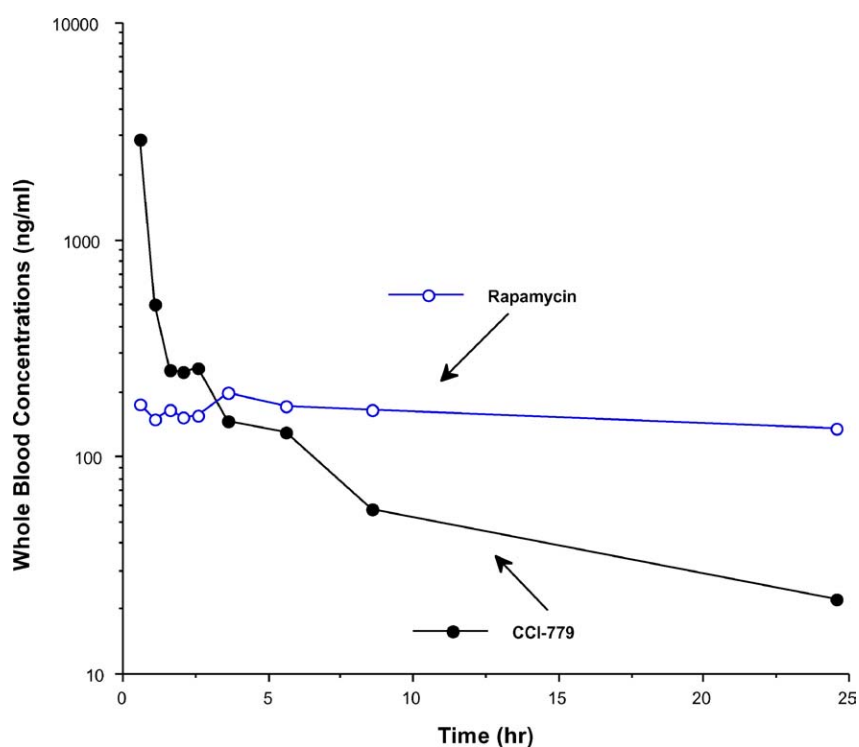


Figure 1. Typical whole blood concentration-time curve for CCI-779 and rapamycin following the administration of CCI-779 IV over 30 minutes.

enzyme system. Because CCI-779 and rapamycin are metabolized by this enzyme system and concurrent use of these agents may result in increased clearance of CCI-779, we sought to establish the appropriate phase II dose in patients on enzyme-inducing agents. The general observation of a higher tolerated dose in patients on enzyme-inducing antiepileptic agents was es-

tablished for other agents used in the therapy of malignant glioma including the chemotherapeutic agents paclitaxel [17] and irinotecan [18] and the farnesyl transferase inhibitor R115777 [19].

In this phase I study, the maximum tolerated dose of CCI-779 in patients on enzyme inducing agents was established at 250 mg IV weekly with dose-limiting

toxicities consisting of previously observed but manageable elevation of lipid profile, hypophosphotemia, and anemia. The dose selected in the phase II study for glioma patients not on EIAEDs was 250 mg, which had to be decreased to 170 mg because of excessive toxicity, mainly stomatitis. The recommended phase II dose of 250 mg for the patients with glioma on EIAEDs is therefore higher than for those not on EIAEDs. For non-glioma patients studied during other trials, preliminary results for the weekly dose schedule showed that doses less than 220 mg/m²/week were feasible [20], and that at the 250 mg-weekly dose toxicities were usually grade II in nature [21, 22]. Final reports of these studies are not yet available.

Escalation beyond the starting dose of 250 mg was not tolerated. This finding may not be surprising given the results of the pharmacokinetic data generated from this study. CCI-779 is converted to rapamycin that is itself metabolized by the same CYP450 enzyme system and can be associated with its own spectrum of side effects. The toxicities encountered therefore may have reflected the additive and/or cumulative effects of both drugs. The mean whole blood terminal disposition half-life for rapamycin is reportedly 82 ± 12 hours [23]. The terminal half-life for rapamycin observed in our study averaged 42 ± 24 hours. The sampling schedule for our trial extended only to 24 hours post-dose and the number of patients evaluated was small. Therefore, our observed rapamycin half-life is probably underestimated. This is supported by the significant levels of rapamycin remaining at 24 hours post-dose and detection of baseline levels prior to the next weekly dose. The low baseline concentrations of rapamycin would not be expected to result in any significant accumulation from week to week. More detailed pharmacokinetic data will be generated in the phase II study.

Although dose escalation was not possible because of side effects, the conversion of CCI-779 to rapamycin is of clinical significance. The administration of CCI-779 intravenously allows for the delivery of a potentially active antitumor agent that is also converted to another active antitumor agent. Eshleman et al. showed that incubation with 100 mM of CCI-779 (91.4 ng/ml) for 72 hours significantly inhibited the proliferation of U87 malignant glioma cells [24]. Both the parent drug and its metabolite have a spectrum of side effects, some of which overlap. This paradigm is distinct from the administration of a classic inactive "pro-drug" that requires activation or the administra-

tion of an active agent that is subsequently degraded to an inactive form. This emphasizes that the subsequent early clinical evaluation of new agents must take into consideration not only the pharmacokinetic data but also the biochemical properties of the agent and its metabolites. One of the secondary objectives of the phase II study will be the assessment of toxicity and tolerability of this agent in a larger patient population. Because of the risk of immunosuppression and the common concomitant use of steroids, opportunistic infections may be seen at a higher rate in phase II studies. A recent publication by Peralba et al. suggests the possible use of p70(s6) kinase activity as a surrogate marker of drug activity [25]. Further work evaluating this marker needs to be done. In addition, there may be a role for combination CCI-779/standard cytotoxic chemotherapy in the management of glioma.

Conclusions

The maximum tolerated dose of CCI-779 administered IV on a weekly intravenous schedule to patients with recurrent malignant glioma on enzyme inducing antiepileptic drugs was 250 mg. Agents such as paclitaxel and irinotecan that are metabolized via the CYP450 pathway have altered clearance and the established phase II dose of these agents for patients on enzyme-inducing agents was substantially higher than for those who were not. In contrast, although CCI-779 is also metabolized via this pathway, its conversion to rapamycin, which not only has possible antitumor effect but also potential toxicity, may have precluded escalation beyond the level seen for those patients who were not taking enzyme-inducing agents. This emphasizes the importance of biochemical information as well as the pharmacokinetic and pharmacodynamic studies that need to be considered in early clinical studies in order to characterize the effect of the agent and its metabolites on patients. The phase II study in patients with recurrent malignant glioma on and off enzyme-inducing antiepileptic drugs is ongoing to further characterize the pharmacokinetics, safety profile, and efficacy of CCI-779.

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